Welcome!

Everything we serve is FREE of artificial trans fats, MSG and except fountain drinks, high fructose corn syrup.
We are happy to make half-sandwiches and reduced portion potatoes.

Just ask.

Jason's Deli®

Real Choices

served with your choice of organic blue corn tortilla chips & homemade salsa, fresh fruit, steamed veggies or baked chips and a pickle.

Ciabatta Garden 5.99 (V)
organic field greens, homemade guacamole and pico, cucumbers, red and yellow bell peppers, asiago and low fat balsamic vinaigrette on multigrain ciabatta.

419 calories, 19 g. total fat, 7 g. saturated fat, 1193 mg. sodium

Ciabatta-Bing! 6.99
oven roasted turkey breast, roasted tomatoes, purple onions, homemade guacamole, swiss and organic field greens on multigrain ciabatta.

518 calories, 19 g. total fat, 7 g. saturated fat, 1289 mg. sodium

New!

Mediterranean Wrap 5.99
oven roasted turkey breast, roasted red pepper hummus, cucumbers, purple onions, kalamata olives, roma tomatoes and organic field greens in an organic wheat wrap.

342 calories, 14 g. total fat, 2 g. saturated fat, 1042 mg. sodium

New!

Tuna & Roasted Tomato Wrap 5.99
homemade tuna salad, roasted tomatoes and organic field greens in an organic wheat wrap.

557 calories, 27 g. total fat, 4 g. saturated fat, 899 mg. sodium

Spinach Veggie Wrap 5.99 (V)
organic spinach, homemade pico and guacamole, sprouts, mushrooms, asiago in an organic wheat wrap with a side of homemade salsa.

359 calories, 17 g. total fat, 8 g. saturated fat, 896 mg. sodium

Turkey Wrap 5.99
98% fat free oven roasted turkey breast, homemade guacamole and ranch dressing, tomatoes, sprouts, in an organic wheat wrap.

359 calories, 14 g. total fat, 4 g. saturated fat, 920 mg. sodium

Turkey Reuben 6.59
98% fat free oven roasted turkey breast, sauerkraut, swiss, organic stone ground mustard, grilled on rye.

514 calories, 13 g. total fat, 6 g. saturated fat, 2626 mg. sodium

Club Lite 6.59
smoked turkey breast, low fat ham, lettuce, tomato, swiss and low fat honey mustard on toasted whole grain wheat.

514 calories, 16 g. total fat, 6 g. saturated fat, 1607 mg. sodium

Soups, Fruit & Salads

cup 2.59 • bowl 3.59
soup of the day
french onion (V)
vegetable (V)
tomato basil (V)
broccoli cheese

cup 3.59 • bowl 4.59
chili
southwest chicken chili
spicy seafood gumbo

Famous Salad Bar 6.99
all you can eat, fresh-cut vegetables, select organics, homemade potato and pasta salads, gingerbread muffins, garlic toast, etc., etc.

add a side of:
chicken salad, tuna salad, ham, turkey, smoked turkey, or chicken breast 1.49

add some soup!
cup .99 • bowl 1.59

Nutty Mixed-Up Salad 7.49
organic field greens, grapes, chicken breast, feta cheese, walnuts, dried cranberries, pumpkin seeds, raisins and organic apples. served with leo's balsamic vinaigrette.
salad without chicken 6.49

Marinated Chicken Breast Salad 6.99
tender chicken, cheddar, kalamata olives, tomatoes, homemade guacamole on mixed salad greens.

Chicken Caesar 6.99
romaine, asiago, croutons, caesar dressing, marinated chicken breast.
salad without chicken 5.99

The Big Chef 6.99
premium ham, oven roasted turkey breast, swiss, cheddar, tomatoes, kalamata olives, hard-boiled egg slices on mixed salad greens.

Taco Salad 6.99
lettuce, organic blue corn tortilla chips, topped with your choice: chili or southwest chicken chili. garnished with cheddar, sour cream, southwest spices, homemade pico and guacamole. served with homemade salsa.

Side Salad or Caesar Side Salad 3.99
with purchase of sandwich, pasta or potato.

Fresh Fruit Plate 5.99
served with creamy fruit dip.

Fresh Fruit Cup 2.59
served with creamy fruit dip.

Jason's deli®

Build Your Own

served with chips or baked chips and a pickle

meats

whole/5.79 • half/4.79 • *slim/4.79

roast beef
oven roasted turkey breast
smoked turkey breast
premium ham
homemade tuna salad
homemade chicken salad

whole/6.29 • half/5.29 • *slim/5.29

hot corned beef
hot new york style pastrami

**slim = half-portion meat between two whole slices of bread*

bread

organic wheat wrap
multigrain ciabatta
herb foccacia
new orleans french bread
all butter croissant
whole grain wheat
white
rye
onion bun

spreads

mustard
organic stone ground mustard
mayo
smoked red pepper-cilantro aioli
basil pesto with pine nuts
leo's italian dressing
low fat balsamic vinaigrette
extra virgin olive oil

.79 extra
homemade guacamole
roasted red pepper hummus

top it

lettuce
tomato
organic field greens
organic spinach
purple onion rings
italian peppers

.79 extra
homemade pico de gallo
sliced avocado
oven roasted herb tomatoes

cheese

.59 extra
imported swiss
provolone
cheddar
american
jalapeño pepper jack

extras!

.99 extra *substitutes for chips & pickle*

organic blue corn tortilla chips & homemade salsa
steamed veggies
american potato salad
honey mustard coleslaw
italian or tuna pasta salad

fresh fruit **1.49 extra**

Po'boys

served on new orleans french bread with chips or baked chips and a pickle

Italian Cruz Po'boy 6.29
premium ham & hard salami, organic stone ground mustard, leo's italian dressing, sliced italian peppers and roma tomatoes, asiago and shredded lettuce.

Beefeater 6.59
hot roast beef, provolone, mayo with cup of au jus.

Pastrami Melt 6.59
hot pastrami, swiss, russian dressing.

Sergeant Pepper® 6.59
hot roast beef, sautéed onions and bell peppers, provolone, mayo with cup of au jus.

MeataBalla Po'boy 6.59
meatballs, Jason's own italian red sauce, provolone.

New!

Pot Roast Melt 6.59
juicy pot roast, provolone and smoked red pepper-cilantro aioli.

Pasta

served hot with garlic olive oil foccacia bread

Chicken Pasta Primo 7.29
penne pasta topped with our original tomato-basil sauce, marinated chicken breast and asiago.

Penne Pasta & Meatballs 7.29
penne pasta topped with Jason's own italian red sauce, meatballs and asiago.

Chicken Alfredo 7.29
penne pasta topped with creamy alfredo sauce, marinated chicken breast and asiago.

Portobello Garden Pasta 7.29 (V)
grilled portobello mushrooms with oven roasted herb tomatoes, organic spinach, artichokes and asiago over bowtie pasta.

prefer marinated chicken breast instead of portobello mushrooms? just ask!

Potatoes

reduced portion potatoes for $1 less

The Plain Jane® 6.19
natural buttery blend, cheddar, sour cream, bacon, green onions.

Spud Au Broc® 6.19
covered with broccoli cheese soup, cheddar, fresh broccoli, green onions, bacon.

Pollo Mexicano 6.39
marinated chicken breast, sour cream, homemade pico, cheddar, natural buttery blend, southwest spices.

Texas Style Spud® 6.39
smoked barbecue, cheddar, natural buttery blend.

Favorites

served with chips or baked chips and a pickle unless otherwise stated

Reuben THE Great 7.29
hot corned beef, swiss, sauerkraut, russian dressing, grilled on rye.

The New York Yankee 7.29
hot corned beef & pastrami, swiss on rye with your choice of mustard or mayo.

Santa Fe Chicken Sandwich® 6.59
marinated chicken breast, homemade guacamole, bacon, tomato, russian dressing, swiss, grilled on whole grain wheat.

Bird to the Wise® 6.59
oven roasted turkey breast, hot pastrami, swiss on toasted onion bun with your choice of mustard or mayo.

BLT 5.79
bacon, lettuce, tomato, mayo between toasted whole grain wheat.

Tuna Melt 5.99
homemade tuna salad, swiss, mayo, tomato, grilled on whole grain wheat.

Deli Club 6.59
premium ham and oven roasted turkey breast between toasted whole grain wheat with bacon, cheddar, swiss, lettuce, tomato, mayo.

Chicago Club 6.59 *New!*
smoked turkey breast, bacon, smoked red pepper-cilantro aioli spread, organic spinach, roma tomatoes and provolone on herb foccacia.

Special

manager's
HALF SANDWICH DEAL

half of **any sandwich** on the menu (excluding muffalettas) and your choice of **one:**
cup of any soup or fresh fruit **6.99**
side salad or caesar side salad **7.99**

Amy's Turkey-O 5.29 *New!*
oven roasted turkey breast, sliced avacado, jalapeño pepper jack cheese, purple onion rings, roma tomatoes, lettuce, organic stone ground mustard on a toasted onion bun.

Club Royale 6.59
smoked turkey breast, premium ham, bacon, lettuce, tomato, swiss, cheddar, honey mustard on toasted all butter croissant.

California Club 6.59
oven roasted turkey breast, homemade guacamole, tomato, sprouts, bacon, swiss, mayo on toasted all butter croissant. served with fresh fruit or baked chips or steamed veggies.

Ranchero Wrap 6.49
marinated chicken breast, homemade pico and ranch dressing, jalapeños, cheddar, southwest spices in an organic wheat wrap. served with organic blue corn tortilla chips and homemade salsa.

Philly Chick® Wrap 6.49
marinated chicken breast, sautéed onions and bell peppers, swiss and low fat honey mustard in an organic wheat wrap. served with fresh fruit or baked chips or steamed veggies.

Muffalettas

premium ham & hard salami or oven roasted turkey breast muffaletta with provolone and homemade olive mix, grilled to perfection. served with chips or baked chips and a pickle.

9" Whole-Muff 10.99 / Half-Muff 7.59 / Quarter-Muff 5.99

Special

quarter-muff DEAL
premium ham & hard salami or oven roasted turkey breast muffaletta with choice of any cup of soup or fresh fruit cup. **6.99**

Paninis & Wrapinis®

served with chips or baked chips and a pickle

Smokey Jack Panini 6.59
smoked turkey breast and bacon with jalapeño pepper jack, roma tomatoes, russian dressing and homemade guacamole, pressed between olive oil basted french bread.

Chicken Panini 6.59
marinated chicken breast with provolone, basil pesto with pine nuts, roma tomatoes and organic spinach, pressed between olive oil basted french bread.

Chicken Club Wrapini® 6.59
grilled marinated chicken breast, bacon strips, purple onions, roma tomatoes, homemade ranch dressing, swiss and cheddar, pressed between olive oil basted organic wheat wrap bread.

Grilled Portobello Wrapini® 6.59 V
grilled portobello mushroom marinated in leo's italian dressing, homemade guacamole, homemade pico de gallo, organic spinach and asiago, pressed between olive oil basted organic wheat wrap bread.

Jason's Deli®

New! Jason's Just-Right Kid's Menu

dine-in or to-go for kids 12 and under

Pick 1 Meal

2.59 (includes side & drink)
- Organic Peanut Butter & Jelly (V)
- Grilled Cheese Kidwich (V)
- Deli Hot Dog
  - — add chili 59¢

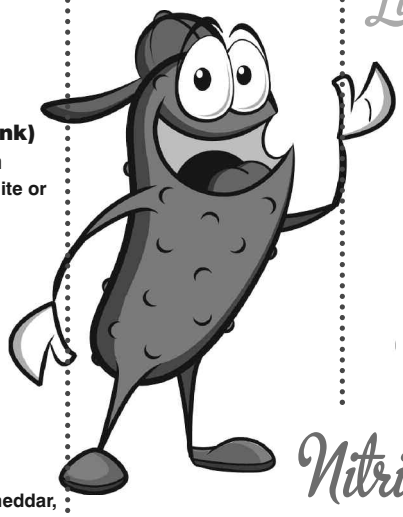
2.89 (includes drink)
- Mac & Cheese (V)
- Cheese Pizza (V)
- Pepperoni Pizza

3.59 (includes side & drink)
- Turkey & Cheese Kidwich
  - (bread choice: wheat, white or organic wheat wrap)
- Ranch Wrapper
  - (chicken breast, cheddar and ranch dressing in an organic wheat wrap)

3.59 (includes drink)
- Bowtie Pasta & Meatballs
- Salad Bar
- Baked Potato
  - (natural buttery blend, cheddar, sour cream, bacon)

Pick 1 Side

- Organic Carrots
- Potato Chips
- Organic Apples
- Fresh Fruit



Pick 1 Drink

- Fountain Drink
- Organic Apple Juice
- Organic Milk

Little Dippers (V)

99¢

broccoli & organic carrots with ranch dressing

organic apple slices & celery sticks with organic peanut butter

organic blue corn tortilla chips & salsa

Nitrite-free!

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Sides

cup 1.79
steamed veggies
tuna penne pasta salad
italian pasta salad
american potato salad
3 bean salad (edamame/kidney/garbanzo)
honey mustard coleslaw

your choice! 2.29
organic blue corn tortilla chips with your choice:
homemade salsa, homemade guacamole or roasted red pepper hummus.

cup of fresh fruit 2.59
served with creamy fruit dip.

Drinks

free refills with fountain drinks and tea

Fountain Drinks 1.89
Unsweetened or Sweetened Tea 1.89
Black Currant Tea 1.89
Lemonade 1.89
Jason's Water 1.69
San Pellegrino 1.99
Orange Juice 1.89
Apple Juice 1.89
Boylan Cane Sodas 1.99
Organic Bottled Teas 1.99
Organic Milk 1.29
Organic Coffee* 1.29
Hot Tea 1.29
Wine 2.99**
Beer 2.99**
Premium Beer 3.99**

*Caffeinated only. **Where available

Desserts

Fresh Baked Cookies .99
cranberry walnut oatmeal, chocolate chip, white chocolate macadamia nut or peanut butter.

Fudge Nut Brownie 1.29
Baklava 1.29
Strawberry Shortcake 2.99
Classic Cheesecake 2.99
Strawberry Cheesecake 2.99
Turtle Cheesecake 2.99
Chocolate Cheesecake 2.99
Fruit-topped Cheesecake 2.99
Carrot Cake 2.99

Always Free Ice Cream!

please eat responsibly.

Remember Gift Cards!
Available at all deli locations and online: jasonsdeli.com

dine-in, take out & delivery
delivery charge and minimum may apply

Jason's Deli®

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jasonsdeli.com

Visit us online for addresses, phone numbers, fax numbers, maps and more.

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Lubbock
McAllen
McKinney
Mesquite
Midland
New Braunfels
Odessa
Pasadena
Plano
Port Arthur
Richardson
Round Rock
Rowlett
San Antonio
San Marcos
Sugar Land
The Woodlands
Tyler
Victoria
Waco
Webster

UTAH
Layton
Murray
Orem
Salt Lake City

VIRGINIA
Chesapeake
Fairfax
Falls Church
Hampton
Richmond
Virginia Beach

COMING SOON:
Orlando, FL
Wellington, FL
Louisville, KY
Edina, MN
St. Louis, MO
Las Cruces, NM

Coming Soon!

Menu Notes

The nutritional information provided is a compilation of data provided by Analytical Food Laboratories, Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. d/b/a Jason's Deli.) While menu item ingredients are based upon standard product recipes and portions, variations may and do occur based upon ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. As many of our products are prepared by hand, serving sizes may vary. Further, differences in available packaging or serving containers may affect serving size.

V **Designates vegetarian items.**

Contains one or more USDA certified organic ingredients.

Our product specifications result in a menu that is free of artificial trans fats and partially hydrogenated oils but are not necessarily low in saturated fat.

If you have any comments or suggestions, please call 1-800-444-DELI, or visit us online: jasonsdeli.com

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