



Welcome!

Everything we serve is **FREE** of artificial trans fats, MSG and except fountain drinks, high fructose corn syrup. We are happy to make **half-sandwiches and reduced portion potatoes.**


Just ask.

Real Choices


served with your choice of organic blue corn tortilla chips & homemade salsa, fresh fruit, steamed veggies or baked chips and a pickle.

Ciabatta Garden 5.99  
organic field greens, homemade guacamole and pico, cucumbers, red and yellow bell peppers, asiago and low fat balsamic vinaigrette on multigrain ciabatta.


419 calories, 19 g. total fat, 7 g. saturated fat, 1193 mg. sodium

Ciabatta-Bing! 6.99 
oven roasted turkey breast, roasted tomatoes, purple onions, homemade guacamole, swiss and organic field greens on multigrain ciabatta.

518 calories, 19 g. total fat, 7 g. saturated fat, 1289 mg. sodium

Mediterranean Wrap 5.99  *New!*
oven roasted turkey breast, roasted red pepper hummus, cucumbers, purple onions, kalamata olives, roma tomatoes and organic field greens in an organic wheat wrap.

342 calories, 14 g. total fat, 2 g. saturated fat, 1042 mg. sodium

Tuna & Roasted Tomato Wrap 5.99  *New!*
homemade tuna salad, roasted tomatoes and organic field greens in an organic wheat wrap.

557 calories, 27 g. total fat, 4 g. saturated fat, 899 mg. sodium

Spinach Veggie Wrap 5.99  
organic spinach, homemade pico and guacamole, sprouts, mushrooms, asiago in an organic wheat wrap with a side of homemade salsa.

359 calories, 17 g. total fat, 8 g. saturated fat, 896 mg. sodium

Turkey Wrap 5.99 
98% fat free oven roasted turkey breast, homemade guacamole and ranch dressing, tomatoes, sprouts, in an organic wheat wrap.

359 calories, 14 g. total fat, 4 g. saturated fat, 920 mg. sodium




Turkey Reuben 6.59 
98% fat free oven roasted turkey breast, sauerkraut, swiss, organic stone ground mustard, grilled on rye.

514 calories, 13 g. total fat, 6 g. saturated fat, 2626 mg. sodium


Club Lite 6.59
smoked turkey breast, low fat ham, lettuce, tomato, swiss and low fat honey mustard on toasted whole grain wheat.

514 calories, 16 g. total fat, 6 g. saturated fat, 1607 mg. sodium

Soups, Fruit & Salads


cup 2.59 • bowl 3.59
soup of the day
french onion 
vegetable 
tomato basil 
broccoli cheese

cup 3.59 • bowl 4.59
chili
southwest chicken chili
spicy seafood gumbo

Famous Salad Bar 6.99 
all you can eat, fresh-cut vegetables, select organics, homemade potato and pasta salads, gingerbread muffins, garlic toast, etc., etc.

**add a side of:
chicken salad, tuna salad, ham, turkey,
smoked turkey, or chicken breast 1.49**

**add some soup!
cup .99 • bowl 1.59**

Nutty Mixed-Up Salad 7.49 
organic field greens, grapes, chicken breast, feta cheese, walnuts, dried cranberries, pumpkin seeds, raisins and organic apples. served with leo's balsamic vinaigrette.
salad without chicken 6.49

**Marinated
Chicken Breast Salad 6.99**
tender chicken, cheddar, kalamata olives, tomatoes, homemade guacamole on mixed salad greens.

Chicken Caesar 6.99
romaine, asiago, croutons, caesar dressing, marinated chicken breast.
salad without chicken 5.99

The Big Chef 6.99
premium ham, oven roasted turkey breast, swiss, cheddar, tomatoes, kalamata olives, hard-boiled egg slices on mixed salad greens.

Taco Salad 6.99 
lettuce, organic blue corn tortilla chips, topped with your choice: chili or southwest chicken chili. garnished with cheddar, sour cream, southwest spices, homemade pico and guacamole. served with homemade salsa.

**Side Salad or
Caesar Side Salad 3.99**
with purchase of sandwich, pasta or potato.

Fresh Fruit Plate 5.99
served with creamy fruit dip.

Fresh Fruit Cup 2.59
served with creamy fruit dip.

Jason's deli

Build Your Own served with chips or baked chips and a pickle

whole/5.79 • half/4.79 • *slim/4.79

roast beef
oven roasted turkey breast
smoked turkey breast
premium ham
homemade tuna salad
homemade chicken salad

whole/6.29 • half/5.29 • *slim/5.29

hot corned beef
hot new york style pastrami

**slim = half-portion meat
between two whole slices of bread*

organic wheat wrap
multigrain ciabatta
herb foccacia

new orleans french bread
all butter croissant
whole grain wheat

white
rye
onion bun

mustard

organic stone ground mustard
mayo

smoked red pepper-cilantro aioli
basil pesto with pine nuts
leo's italian dressing
low fat balsamic vinaigrette
extra virgin olive oil

.79 extra

homemade guacamole
roasted red pepper hummus

lettuce

tomato

organic field greens

organic spinach

purple onion rings

italian peppers

.79 extra

homemade pico de gallo

sliced avocado

oven roasted herb tomatoes

.59 extra

imported swiss
provolone
cheddar
american
jalapeño pepper jack

.99 extra substitutes for chips & pickle

organic blue corn tortilla chips & homemade salsa

steamed veggies

american potato salad

honey mustard coleslaw

italian or tuna pasta salad

fresh fruit **1.49 extra**

Po'boys

served on new orleans french bread
with chips or baked chips and a pickle

Italian Cruz Po'boy 6.29

premium ham & hard salami, organic stone ground mustard, leo's italian dressing, sliced italian peppers and roma tomatoes, asiago and shredded lettuce.

Beefeater 6.59

hot roast beef, provolone, mayo with cup of au jus.

Pastrami Melt 6.59

hot pastrami, swiss, russian dressing.

Sergeant Pepper® 6.59

hot roast beef, sautéed onions and bell peppers, provolone, mayo with cup of au jus.

MeataBalla Po'boy 6.59

meatballs, Jason's own italian red sauce, provolone.

New!

Pot Roast Melt 6.59

juicy pot roast, provolone and smoked red pepper-cilantro aioli.

Pasta

served hot with garlic olive oil foccacia bread

Chicken Pasta Primo 7.29

penne pasta topped with our original tomato-basil sauce, marinated chicken breast and asiago.

Chicken Alfredo 7.29

penne pasta topped with creamy alfredo sauce, marinated chicken breast and asiago.

Penne Pasta & Meatballs 7.29

penne pasta topped with Jason's own italian red sauce, meatballs and asiago.

Portobello Garden Pasta 7.29

grilled portobello mushrooms with oven roasted herb tomatoes, organic spinach, artichokes and asiago over bowtie pasta.

prefer marinated chicken breast instead of portobello mushrooms? just ask!

Potatoes

reduced portion potatoes for \$1 less

The Plain Jane® 6.19

natural buttery blend, cheddar, sour cream, bacon, green onions.

Pollo Mexicano 6.39

marinated chicken breast, sour cream, homemade pico, cheddar, natural buttery blend, southwest spices.

Spud Au Broc® 6.19

covered with broccoli cheese soup, cheddar, fresh broccoli, green onions, bacon.

Texas Style Spud® 6.39

smoked barbecue, cheddar, natural buttery blend.

Jason's deli

Favorites served with chips or baked chips
and a pickle unless otherwise stated

Reuben THE Great 7.29

hot corned beef, swiss, sauerkraut,
russian dressing, grilled on rye.

The New York Yankee 7.29

hot corned beef & pastrami, swiss on rye
with your choice of mustard or mayo.

Santa Fe Chicken Sandwich® 6.59

marinated chicken breast, homemade
guacamole, bacon, tomato, russian dressing,
swiss, grilled on whole grain wheat.

Bird to the Wise® 6.59

oven roasted turkey breast, hot pastrami,
swiss on toasted onion bun with
your choice of mustard or mayo.

BLT 5.79

bacon, lettuce, tomato, mayo between
toasted whole grain wheat.

Tuna Melt 5.99

homemade tuna salad, swiss, mayo,
tomato, grilled on whole grain wheat.

Deli Club 6.59

premium ham and oven roasted
turkey breast between toasted whole
grain wheat with bacon, cheddar, swiss,
lettuce, tomato, mayo.

Chicago Club 6.59 *New!*

smoked turkey breast, bacon,
smoked red pepper-cilantro aioli spread,
organic spinach, roma tomatoes and
provolone on herb foccacia.

Special
manager's
HALF SANDWICH DEAL

half of **any sandwich** on the menu
(excluding muffalettas) and your choice of **one:**
cup of any soup or fresh fruit **6.99**
side salad or caesar side salad **7.99**

Amy's Turkey-O 5.29 *New!*

oven roasted turkey breast, sliced avocado,
jalapeño pepper jack cheese, purple onion rings,
roma tomatoes, lettuce, organic stone ground
mustard on a toasted onion bun.

Club Royale 6.59

smoked turkey breast, premium ham, bacon,
lettuce, tomato, swiss, cheddar, honey mustard
on toasted all butter croissant.

California Club 6.59

oven roasted turkey breast, homemade
guacamole, tomato, sprouts, bacon, swiss, mayo
on toasted all butter croissant. served with fresh
fruit or baked chips or steamed veggies.

Ranchero Wrap 6.49 *New!*

marinated chicken breast, homemade pico
and ranch dressing, jalapeños, cheddar,
southwest spices in an organic wheat wrap.
served with organic blue corn tortilla chips and
homemade salsa.

Philly Chick® Wrap 6.49 *New!*

marinated chicken breast, sautéed onions and
bell peppers, swiss and low fat honey mustard
in an organic wheat wrap. served with fresh fruit
or baked chips or steamed veggies.

Muffalettas

premium ham & hard salami or oven roasted turkey breast muffaletta
with provolone and homemade olive mix, grilled to perfection.
served with chips or baked chips and a pickle.

9" Whole-Muff 10.99 / Half-Muff 7.59 / Quarter-Muff 5.99

Special
quarter-muff DEAL

premium ham & hard salami or oven roasted turkey breast
muffaletta with choice of any cup of soup or fresh fruit cup. **6.99**

Paninis & Wrapinis® served with chips or baked chips
and a pickle

Smokey Jack Panini 6.59

smoked turkey breast and bacon with jalapeño pepper jack, roma tomatoes,
russian dressing and homemade guacamole, pressed between olive oil basted french bread.

Chicken Panini 6.59 *New!*

marinated chicken breast with provolone, basil pesto with pine nuts, roma tomatoes and
organic spinach, pressed between olive oil basted french bread.

Chicken Club Wrapini® 6.59 *New!*

grilled marinated chicken breast, bacon strips, purple onions, roma tomatoes, homemade
ranch dressing, swiss and cheddar, pressed between olive oil basted organic wheat wrap bread.

Grilled Portobello Wrapini® 6.59 *New!*

grilled portobello mushroom marinated in leo's italian dressing, homemade guacamole,
homemade pico de gallo, organic spinach and asiago, pressed between
olive oil basted organic wheat wrap bread.

Jason's deli®

New! Jason's Just-Right Kid's Menu

dine-in or to-go for kids 12 and under

Pick 1 Meal

2.59 (includes side & drink)
 ✓ Organic Peanut Butter & Jelly
 Grilled Cheese Kidwich ✓
 Deli Hot Dog
 — add chili 59¢

2.89 (includes drink)
 Mac & Cheese ✓
 Cheese Pizza ✓
 Pepperoni Pizza

3.59 (includes side & drink)
 Turkey & Cheese Kidwich
 (bread choice: wheat, white or
 organic wheat wrap)

Ranch Wrapper
 (chicken breast, cheddar
 and ranch dressing in an
 organic wheat wrap)

3.59 (includes drink)
 Bowtie Pasta & Meatballs
 Salad Bar
 Baked Potato
 (natural buttery blend, cheddar,
 sour cream, bacon)

Pick 1 Side

Organic Carrots
 Potato Chips
 Organic Apples
 Fresh Fruit

Pick 1 Drink

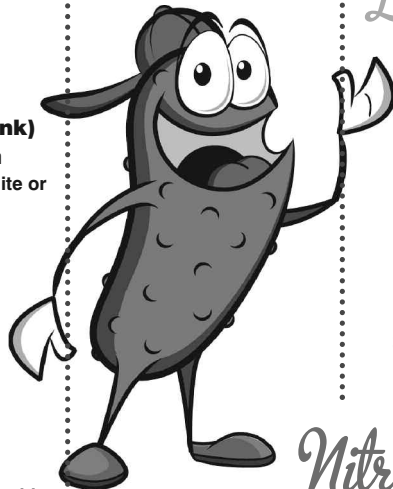
Fountain Drink
 Organic Apple Juice
 Organic Milk

Little Dippers

99¢
 broccoli & organic
 carrots with ranch
 dressing

organic apple slices
 & celery sticks
 with organic
 peanut butter

organic blue corn
 tortilla chips &
 salsa



Nitrite-free!

Jason's deli

cup 1.79

steamed veggies
 tuna penne pasta salad
 italian pasta salad
 american potato salad
 3 bean salad (edamame/kidney/garbanzo)
 honey mustard coleslaw

Sides

your choice! 2.29

organic blue corn tortilla chips with your choice:
 homemade salsa, homemade guacamole
 or roasted red pepper hummus.

cup of fresh fruit 2.59
 served with creamy fruit dip.

Drinks

free refills with
 fountain drinks and tea

Fountain Drinks 1.89
Unsweetened or Sweetened Tea 1.89
Black Currant Tea 1.89
Lemonade 1.89
Jason's Water 1.69
San Pellegrino 1.99
Orange Juice 1.89
Apple Juice 1.89
Boylan Cane Sodas 1.99
Organic Bottled Teas 1.99
Organic Milk 1.29
Organic Coffee* 1.29
Hot Tea 1.29
Wine 2.99**
Beer 2.99**
Premium Beer 3.99**

*Caffeinated only. **Where available

Desserts

Fresh Baked Cookies .99

cranberry walnut oatmeal,
 chocolate chip, white chocolate
 macadamia nut or peanut butter.

Fudge Nut Brownie 1.29

Baklava 1.29

Strawberry Shortcake 2.99

Classic Cheesecake 2.99

Strawberry Cheesecake 2.99

Turtle Cheesecake 2.99

Chocolate Cheesecake 2.99

Fruit-topped Cheesecake 2.99

Carrot Cake 2.99

Always Free Ice Cream!

please eat responsibly.

Remember Gift Cards!

Available at all deli locations and online: jasonsdeli.com

dine-in, take out & delivery
 delivery charge and minimum may apply

Order Online
jasonsdeli.com

Visit us online for addresses, phone numbers,
 fax numbers, maps and more.

ALABAMA

Homewood
 Hoover
 Huntsville
 Montgomery
 Tuscaloosa

ARIZONA

Chandler
 Gilbert
 Glendale
 Phoenix
 Scottsdale
 Tucson

ARKANSAS

Fayetteville
 Little Rock
 North Little Rock

CALIFORNIA

Riverside

COLORADO

Aurora
 Broomfield
 Colorado Springs
 Denver
 Englewood
 Fort Collins
 Greenwood Village
 Lakewood

FLORIDA

Altamonte Springs
 Boynton Beach
 Cape Coral
 Clearwater
 Fort Myers
 Jacksonville
 Jacksonville Beach
 Naples
 Orlando
 Pembroke Pines
 Port Charlotte
 Tampa
 West Melbourne

GEORGIA

Alpharetta
 Athens
 Atlanta
 Buckhead
 Columbus
 Duluth
 Norcross
 Tucker

ILLINOIS

Chicago
 Naperville
 Oak Lawn
 Palatine
 Park Ridge
 Vernon Hills

IOWA

West Des Moines

KANSAS

Lawrence
 Olathe
 Overland Park
 Topeka
 Wichita

KENTUCKY

Louisville

LOUISIANA

Baton Rouge
 Lafayette
 Shreveport

MARYLAND

College Park

MINNESOTA

Eden Prairie

MISSISSIPPI

Jackson

MISSOURI

Kansas City
 Lee's Summit

NEBRASKA

Omaha

NEVADA

Henderson
 Las Vegas

NEW JERSEY

Moorestown

NEW MEXICO

Albuquerque

NORTH

CAROLINA

Charlotte
 Durham
 Fayetteville
 Greensboro
 Hickory
 Huntersville
 Pineville
 Raleigh
 Winston-Salem

OHIO

Dublin

OKLAHOMA

Edmond
 Norman
 Oklahoma City
 Tulsa

PENNSYLVANIA

Willow Grove

SOUTH

CAROLINA

Charleston
 Greenville
 North Charleston
 Spartanburg

TENNESSEE

Chattanooga
 Cordova
 Franklin
 Jackson
 Johnson City
 Knoxville
 Memphis
 Murfreesboro
 Nashville

TEXAS

Abilene
 Addison
 Allen
 Amarillo
 Arlington
 Austin
 Beaumont
 Bedford
 Brownsville
 College Station
 Corpus Christi
 Dallas
 Denton
 Flower Mound
 Fort Worth
 Frisco
 Grapevine
 Harlingen
 Houston
 Humble
 Irving
 Katy
 Killeen
 Kingwood
 Lewisville
 Longview
 Lubbock
 McAllen
 McKinney
 Mesquite
 Midland
 New Braunfels
 Odessa
 Pasadena
 Plano
 Port Arthur
 Richardson

Round Rock

Rowlett
 San Antonio
 San Marcos
 Sugar Land
 The Woodlands
 Tyler
 Victoria
 Waco
 Webster

UTAH

Layton
 Murray
 Orem
 Salt Lake City

VIRGINIA

Chesapeake
 Fairfax
 Falls Church
 Hampton
 Richmond
 Virginia Beach

COMING SOON:

Orlando, FL
 Wellington, FL
 Louisville, KY
 Edina, MN
 St. Louis, MO
 Las Cruces, NM

Jason's deli[®]

Coming Soon!

Menu Notes

The nutritional information provided is a compilation of data provided by Analytical Food Laboratories, Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. d/b/a Jason's Deli.) While menu item ingredients are based upon standard product recipes and portions, variations may and do occur based upon ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. As many of our products are prepared by hand, serving sizes may vary. Further, differences in available packaging or serving containers may affect serving size.



Designates vegetarian items.

Contains one or more USDA certified organic ingredients.



Our product specifications result in a menu that is free of artificial trans fats and partially hydrogenated oils but are not necessarily low in saturated fat.



If you have any comments or suggestions, please call 1-800-444-DELI, or visit us online: jasonsdeli.com